

EQUIPMENT

- TREKKING BOOTS
- RAIN JACKET
- HAT
- HEADLAMP
- CAMPING KNIFE
- CHANGE OF CLOTHES
- CANTEEN
- (BINOCULARS AND PHOTO CAMERA)
- PACKED LUNCH

For a trekking of a few days (with overnight stay)

- THE SAME EQUIPMENT AS ABOVE
- SLEEPING BAG
- MATTRESS
- PICNIC TABLEWARE (dishes – cutlery – glass...)
- FOOD (in accordance with the guide)

For snowshoeing hiking

- WINTER CLOTHES
- SNOWSHOES
- A.R.T.V.A.
- SHOVEL AND PROBE
- THERMOS with hot beverage (optional)